



SENSES SPA

Authentic Thai Spa Experience



THE FORTRESS RESORT & SPA
Sri Lanka

SMALL
LUXURY
HOTELS
OF THE WORLD

Considerate Collection

SIGNATURE AYURVEDIC THERAPIES

Botanical Steam Serenity
20 Minutes 16

Shiro Abhyanga
30 Minutes 30

Botanical Bliss Back Massage
30 Minutes 30
45 Minutes 40

Samvahana Harmony
60 Minutes 60
90 Minutes 74

Udvardana Herbal
60 Minutes 60
90 Minutes 74

Indian Head Massage
60 Minutes 45

Pinda Sweda
90 Minutes 78

Shirodhara
90 Minutes 80

SENSES SIGNATURES

De-stress Massage
90 Minutes 95

Four-hand Massage
90 Minutes 130

Aromatic Hot Oil Massage
90 Minutes 80

Senses Ocean Massage
90 Minutes 95

FACIAL TREATMENTS

Skin Bliss
60 Minutes 50

Skin Lift
75 Minutes 70

Golden Glow
60 Minutes 60

BODY MESSAGES

Traditional Thai Massage
60 Minutes 60
90 Minutes 75

Hot Herbal Compress with Thai Massage
90 Minutes 80

Back Soul Harmony
30 Minutes 30
60 Minutes 45

Foot Reflexology
30 Minutes 30
60 Minutes 45

Aromatherapy Body Massage
60 Minutes 60
90 Minutes 75

Swedish Massage
60 Minutes 70
90 Minutes 85

Sports Massage
60 Minutes 80
90 Minutes 95

Italian Stone Massage
60 Minutes 70
90 Minutes 95

Balinese Massage
60 Minutes 70
90 Minutes 90

All prices listed above are in USD, subject to service charge & applicable government taxes.

BODY EXFOLIATION

Sea Salt Refreshing Body Scrub

45 Minutes

Pink Himalayan Salt Energizing Scrub

45 Minutes

Herbal Body Exfoliation

45 Minutes

BODY TREATMENTS

Green Tea Body Mask

45 Minutes

Aloe & Lavender Body Wrap

45 Minutes

SPA PACKAGES

Exotic Senses

180 Minutes

Taste of Thai Sensation

210 Minutes

Senses Day

240 Minutes

Senses of Your Choice

150 Minutes

3-Day De-stress

250 Minutes

Couple Retreat

150 Minutes

Together in Tranquillity

120 Minutes

LONG STAY PACKAGES

3-Day Ayu

Scheduled Treatments Over 3 Days

4-Day Detoxification

Scheduled Treatments Over 4 Days

YOGA

Private Yoga

60 Minutes

Couple Yoga

60 Minutes